



ADA 2024 AFTER SCHOOL CLASS TIMETABLE

Please ensure all information is read carefully. At the end of this document you will find information regarding ages, and the appropriate classes for your child.

If you require further guidance and correspondence with regard to what classes are best suited to you/your child, please don't hesitate to contact us via phone or email.

PHONE: 0437 590 054

EMAIL: ada.classicalcoaching@outlook.com

MONDAY

MONDAY	MONDAY	MONDAY	MONDAY	MONDAY
INTERMEDIATE CONTEMPORARY 3:45PM - 4:45PM	GRADE 1 CONTEMPORARY 3:45PM - 4:45PM	INTERMEDIATE FOUNDATION BALLET 3:45PM - 4:45PM	PRE PRIMARY BALLET 3:45PM - 4:15PM	
			PRE POINTE CLASS GRADE 5 4:15PM - 4:45PM	
INTERMEDIATE BALLET 4:45PM - 5:45PM	GRADE 3 CONTEMPORARY 4:45PM - 5:45PM	GRADE 5 BALLET 4:45PM - 5:45PM	GRADE 1 BALLET 4:45PM - 5:30PM	
INTERMEDIATE FOUNDATION CONTEMPORARY 5:45PM - 6:45PM	GRADE 5 CONTEMPORARY 5:45PM - 6:45PM	INTERMEDIATE BALLET: POINTE CLASS 5:45PM - 6:45PM	GRADE 3 BALLET 5:45 PM - 6:45PM	

TUESDAY

TUESDAY	TUESDAY	TUESDAY	TUESDAY	TUESDAY
ADVANCED ONE BALLE 3:45PM - 5:15PM	GRADE 2 CONTEMPORARY 3:45PM - 4:45PM	GRADE 4 BALLE 3:45 - 4:45	PRIMARY BALLE 3:45PM - 4:30PM	
		GRADE 2 JAZZ 4:45PM - 5:45PM	PRIMARY CONTEMPORARY 4:30PM - 5:15PM	
ADVANCED FOUNDATION CONTEMPORARY 5:15PM - 6:30	OPEN BALLE 5:30PM - 6:30PM	GRADE 2 BALLE 5:45PM - 6:45PM	GRADE 4 CONTEMPORARY 5:15PM - 6:15PM	
SENIOR JAZZ 6:30PM - 7:45PM	ADVANCED FOUNDATION BALLE 6:45PM - 8:00PM		GRADE 4 JAZZ 6:15PM - 7:15PM	
SENIOR CONTEMPORARY 7:45PM - 9:00PM				

WEDNESDAY

WEDNESDAY	WEDNESDAY	WEDNESDAY	WEDNESDAY	WEDNESDAY
GRADE 5 JAZZ 3:45PM - 4:45PM	INTERMEDIATE BALLE 3:45PM - 5:00PM	GRADE 3 BALLE 3:45PM - 4:45PM		PRE PRIMARY BALLE 3:45PM - 4:15PM
				PRE PRIMARY JAZZ 4:15PM - 4:45PM
INTERMEDIATE JAZZ 5:00 - 6:00	GRADE 3 JAZZ 4:45PM - 5:45PM	GRADE 5 BALLE 4:45PM - 5:45PM	INTERMEDIATE FOUNDATION: POINTE CLASS 5:00PM - 5:45PM	
INTERMEDIATE FOUNDATION BALLE 6:00PM - 7:00PM	GRADE 6 BALLE 6:00PM - 6:45PM			
INTERMEDIATE FOUNDATION JAZZ 7:00 - 8:00				

THURSDAY

THURSDAY	THURSDAY	THURSDAY	THURSDAY	THURSDAY
JUNIOR HIP HOP 3:45PM - 4:45PM	GRADE 2 BALLE 3:45PM - 4:45PM	PRIMARY BALLE 3:45PM - 4:30PM	GRADE 1 JAZZ 3:45PM - 4:30PM	
ALL BOYS HIP HOP 4:45PM - 5:30PM	JUNIOR MUSICAL THEATRE 4:45 - 5:30	GRADE 1 BALLE 4:45PM - 5:30PM	PRIMARY JAZZ 4:30PM - 5:15PM	
INTERMEDIATE HIP HOP 5:30PM - 6:30PM		GRADE 4 BALLE 5:45 - 6:45		
PRE JUNIOR HIP HOP 6:30PM - 7:15PM	SENIOR MUSICAL THEATRE 6:30PM - 7:30PM			
SENIOR HIP HOP 7:30PM- 8:30PM				

FRIDAY

FRIDAY	FRIDAY	FRIDAY	FRIDAY	FRIDAY
ADVANCED FOUNDATION JAZZ 3:45PM - 4:45PM	ADVANCED 1 BALLE 3:45PM - 4:45PM	GRADE 8 BALLE 3:45 - 4:45	ACRO 1 3:45PM - 4:15PM	
ADVANCED 1 BALLE POINTE CLASS 4:45PM - 5:45PM	ADVANCED FOUNDATION & POINTE BALLE 4:45PM - 6:45PM			
ACRO 2 5:45PM - 6:45PM	GRADE 6 BALLE 5:45PM - 6:30PM			
ACRO 3 6:45PM - 7:45PM				

SATURDAY

SATURDAY	SATURDAY
COMPETITION GROUPS	TIMES TBA

TINY TOTS

MONDAY	TUESDAY	WEDNESDAY	SATURDAY
TINY TOTS: 2 - 3yo CLASSICAL BALLET: PP LEVEL TWO 10:00AM - 10:30AM	TINY TOTS: 2 - 3yo CLASSICAL BALLET: PP LEVEL TWO 10:00AM - 10:30AM	TINY TOTS: 2 - 3yo CLASSICAL BALLET: PP LEVEL TWO 10:00AM - 10:30AM	TINY TOTS: 2 - 3yo CLASSICAL BALLET: PP LEVEL TWO 9:00AM - 9:30AM
TINY TOTS: 2 - 3yo JAZZ 10:30AM - 11:00AM	TINY TOTS: 2 - 3yo JAZZ 10:30AM - 11:00AM	TINY TOTS: 2 - 3yo JAZZ 10:30AM - 11:00AM	TINY TOTS: 2 - 3yo JAZZ 9:30AM - 10:00AM
TINY TOTS: 4 - 5yo CLASSICAL BALLET: PP LEVEL THREE 11:15AM - 11:45PM	TINY TOTS: 4 - 5yo CLASSICAL BALLET: PP LEVEL THREE 11:15AM - 11:45PM	TINY TOTS: 4 - 5yo CLASSICAL BALLET: PP LEVEL THREE 11:15AM - 11:45PM	TINY TOTS: 4 - 5yo CLASSICAL BALLET: PP LEVEL THREE 10:15AM - 10:45PM
TINY TOTS: 4 - 5yo JAZZ 11:45PM - 12:15PM	TINY TOTS: 4 - 5yo JAZZ 11:45PM - 12:15PM	TINY TOTS: 4 - 5yo JAZZ 11:45PM - 12:15PM	TINY TOTS: 4 - 5yo JAZZ 10:45PM - 11:15PM
TINY TOTS 4-5yo ACRO 12:15 - 12:45	TINY TOTS 4-5yo ACRO 12:15 - 12:45	TINY TOTS 4-5yo ACRO 12:15 - 12:45	TINY TOTS 4-5yo ACRO 11:15 - 11:45

CLASS INFORMATION: AGE GUIDE

BALLET AGE GUIDE

Tiny tots: 2 - 5yo (Pre School)
Pre-Primary: 5 - 6yo (Kindergarten)
Primary: 6 - 7yo (Year 1 at school)
Grade 1: 7 - 8yo (Year 2 at school)
Grade 2: 8 - 9yo (Year 3 at school)
Grade 3: 9 - 10yo (Year 4 at school)
Grade 4: 10 - 11yo (Year 5 at school)
Grade 5: 11 - 12yo (Year 6 at school)
Grade 6: 12yo and over
Grade 7: 12yo and over
Grade 8: 12yo and over
Intermediate Foundation: 12 - 13yo (Year 7 at school)
Intermediate: 13 - 14yo (Year 8 at school)
Advanced Foundation: 14 - 15yo (Year 9 at school)
Advanced One: 15 - 16yo (Year 10 at school)
Open Ballet: Seniors

JAZZ/CONTEMPORARY AGE GUIDE

Tiny tots: 2 - 5yo (Pre School)
Pre-Primary: 5 - 6yo (Kindergarten)
Primary: 6 - 7yo (Year 1 at school)
Grade 1: 7 - 8yo (Year 2 at school)
Grade 2: 8 - 9yo (Year 3 at school)
Grade 3: 9 - 10yo (Year 4 at school)
Grade 4: 10 - 11yo (Year 5 at school)
Grade 5: 11 - 12yo (Year 6 at school)
Grade 6: 12yo and over
Grade 7: 12yo and over
Grade 8: 12yo and over
Intermediate Foundation: 12 - 13yo (Year 7 at school)
Intermediate: 13 - 14yo (Year 8 at school)
Advanced Foundation: 14 - 15yo (Year 9 at school)
Senior: 15yrs and over (Year 10 and above)

CLASS INFORMATION: AGE GUIDE

HIP HOP AGE GUIDE

Pre Junior: Pre Primary, Primary & Grade 1, Grade 2.

Junior: Grades 3, 4 & 5.

Intermediate: Intermediate Foundation, Intermediate & Advanced Foundation.

Senior: Advanced One and above (15yrs and over)

ACRO AGE GUIDE

Acro 1: Pre Primary, Primary & Grade 1.

Acro 2: Grades 2, 3, 4 & 5.

Acro 3: Intermediate Foundation & Intermediate
Advanced Foundation and above

MUSICAL THEATRE AGE GUIDE

Junior: 11yrs and under.

Senior: 12yrs and above.

Progressing Ballet Technique

Stretch

Accelerated

Class times and details TBA